

4/5 COVID Update: Travel and Indoor Gatherings

Hello CDS Community,

Please take a moment to review the updated travel guidelines provided by the State of California and the CDC. We are defaulting to the updated SFDPH guidelines as has been our practice this year.

Vaccinated individuals:

1. Can travel within the US without needing to test or quarantine as long as they are not experiencing symptoms.
2. Can travel internationally, but need a negative COVID test 1-3 days before returning and then again 3-5 days after returning.
3. Can gather indoors with other vaccinated individuals as long as group size does not exceed 12 individuals from a max of 3 households.

Non-vaccinated individuals:

1. Can travel within California according to guidelines (limits on exposure to individuals outside of household).
2. Should NOT travel outside of California. If they do, they can do *one of the following*:
 - Test 1-3 days before returning and 3-5 days after returning. Quarantine 7 days after returning as long as test is negative.
 - Quarantine for 10 days if no testing is performed.
3. Non-vaccinated individuals can gather indoors with others as long as group size does not exceed 12 individuals from a max of 3 households, provided everyone is masked and physically distanced the entire time, with proper ventilation. Eating/drinking is not allowed in this scenario.

Note: at this time, no children have been vaccinated so CDS students will need to follow the non-vaccinated guidelines above.

Please be aware that while restrictions are beginning to loosen, the city, state, and CDC still discourage non-essential travel, regardless of vaccination status. You can find the travel guidance on the California DPH website [here](#) and the indoor gatherings guidance in the SFDPH's safer-at-home guidelines [here](#).